

SUMMER PROGRAMME: Main Pool 23rd August - 29th August 2010

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	
MON	2 Lanes	2 lanes	2 Lanes	50+ 2 Lanes						2 Lanes					2 Lanes	
	Early Birds Swim	Eaurobics	General Swim	50+						General Swim					Adults Only	
TUE	2 Lanes	BURST Course 9.00 - 10.30 am	2 Lanes							2 Lanes			2 lanes		2 Lanes	
	Early Birds Swim		General Swim			Fun Session			General Swim			Adults Only		Ladies Only		
WED	2 Lanes	BURST Course 9.00 - 10.30 am	2 lanes	Disabled Swim						2 Lanes				2 Lanes		
	Early Birds Swim		General Swim						General Swim			Adults Only				
THU	2 Lanes	BURST Course 9.00 - 10.30 am	2 Lanes								2 Lanes					
	Early Birds Swim		General Swim			Fun Session					General Swim					
FRI	2 Lanes	BURST Course 9.00 - 10.30 am	2 lanes	50+ 2 Lanes	2 lanes						2 Lanes			2 lanes		
	Early Birds Swim		General Swim	50+	Eaurobics			Staff Training			General Swim			Adults Only		
SAT	2 Lanes	2 Lanes							2 Lanes							
	Early Birds Swim	General Swim					Fun Session		General Swim				Closed			
SUN	2 Lanes	2 Lanes														
	Early Birds Swim	General Swim												Closed		