

SUMMER PROGRAMME: Main Pool 16th August - 22nd August 2010

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9
MON	2 Lanes	2 lanes	2 Lanes	50+ 2 Lanes						2 Lanes					2 Lanes
	Early Birds Swim	Eaurobics	General Swim	50+						General Swim					Adults Only
TUE	2 Lanes	BURST Course 9.00 - 10.30 am	2 Lanes					Fun Session		2 Lanes			2 Lanes	2 Lanes	2 Lanes
	Early Birds Swim		General Swim						General Swim				Adults Only	Ladies Only	
WED	2 Lanes	BURST Course 9.00 - 10.30 am	2 lanes	Disabled Swim					2 Lanes				2 Lanes	2 Lanes	
	Early Birds Swim		General Swim						General Swim				Adults Only		
THU	2 Lanes	BURST Course 9.00 - 10.30 am	2 Lanes					Fun Session		2 Lanes					
	Early Birds Swim		General Swim						General Swim						
FRI	2 Lanes	BURST Course 9.00 - 10.30 am	2 lanes	50+ 2 Lanes	2 lanes					2 Lanes			2 Lanes	2 Lanes	
	Early Birds Swim		General Swim	50+	Eaurobics			Staff Training			General Swim		Adults Only		
SAT	2 Lanes	2 Lanes						2 Lanes							
	Early Birds Swim	General Swim				Fun Session		General Swim				Closed			
SUN	2 Lanes	2 Lanes													
	Early Birds Swim	General Swim											Closed		