

SUMMER PROGRAMME: Main Pool 9th August - 15th August 2010

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9
MON	Swim Club	2 lanes	2 Lanes	50+ 2 Lanes						2 Lanes					2 Lanes
	1 Lane														
	Early Birds Swim	Eaurobics	General Swim	50+						General Swim					Adults Only
TUE	Swim Club			2 Lanes						2 Lanes			2 Lanes		2 Lanes
	1 Lane	BURST Course					Fun								
	Early Birds Swim	9.00 - 10.30 am	General Swim				Session			General Swim			Adults Only		Ladies Only
WED	2 Lanes			2 lanes						2 Lanes					2 Lanes
	Early Birds Swim	BURST Course		General Swim	Disabled Swim					General Swim					Adults Only
		9.00 - 10.30 am													
THU	Swim Club			2 Lanes						2 Lanes	Swim Club				
	1 Lane	BURST Course					Fun								
	Early Birds Swim	9.00 - 10.30 am	General Swim				Session			General Swim			Richmond Dales Swimming Club		
FRI	Swim Club	2 Lanes		2 lanes	50+ 2 Lanes	2 lanes				2 Lanes					
	1 Lane														
	Early Birds Swim	BURST Course		General Swim	50+	Eaurobics	Staff Training			General Swim			Richmond Dales Swimming Club		2 lanes
		9.00 - 10.30 am													Adults Only
SAT	2 Lanes		2 Lanes							2 Lanes					
	Early Birds Swim		General Swim			Fun Session				General Swim			Closed		
SUN	2 Lanes			2 Lanes											
	Early Birds Swim			General Swim								Richmond Dales Swimming Club			